

## February

Feb 4	<b>DEA Drug Awareness &amp; Prevention Presentation</b> IN-PERSON EVENT	6:00 PM
Feb 19	<b>Narcan Training</b> VIRTUAL EVENT	7:00 PM
Feb 24	<b>A Matter of Balance #60</b> Tue/Thurs thru Mar. 24 IN-PERSON CLASS	9:30 AM
Feb 24	<b>Teen Dating Violence</b> VIRTUAL EVENT	7:00 PM

## March

Mar 18	<b>Mental Health 101</b> IN-PERSON EVENT	6:30 PM
Mar 26	<b>Domestic Violence 101</b> VIRTUAL EVENT	6:00 PM

## April

Apr 6	<b>A Matter of Balance #61</b> Mon/Wed thru April 29 IN-PERSON CLASS	9:30 AM
Apr 8	<b>QPR (Question, Persuade, Refer)</b> VIRTUAL EVENT	6:00 PM
Apr 9	<b>ThinkFirst: Parents of Teen Drivers</b> IN-PERSON EVENT	7:00 PM
Apr 14	<b>Sexual Violence in a Digital World</b> VIRTUAL EVENT	7:00 PM
Apr 20	<b>Women's Self Defense</b> IN-PERSON CLASS	7:00 PM
Apr 21	<b>SEVERE WEATHER PREPAREDNESS</b> HEALTH & SAFETY EXPO/TOUCH-A-TRUCK IN-PERSON SIGNATURE EVENT	5:00 PM
Apr 25	<b>PTO &amp; SAFE COMMUNITY 5K RACE &amp; MENTAL HEALTH FAIR</b> IN-PERSON SIGNATURE EVENT	7:00 AM

## May

May 6	<b>Stop the Bleed</b> IN-PERSON CLASS	7:00 PM
May 13	<b>Mental Health First Aid (Youth Version)</b> IN-PERSON CLASS	8:30 AM

## June

June 1	<b>Fit &amp; Strong First Day</b> M/W/F thru July 24 IN-PERSON CLASS	9:30 AM
June 2	<b>Seniors with Sole</b> (Tue/Thurs thru July 23) IN-PERSON CLASS	8:30 AM
June 15	<b>Elder Abuse Prevention</b> IN-PERSON EVENT	9:00 AM
June 24	<b>Operation Lifesaver</b> IN-PERSON EVENT	7:00 PM

## July

Jul 20	<b>Coping with Grief After the Loss of a Loved One</b> VIRTUAL EVENT	6:00 PM
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## August

Aug 5	<b>Stop the Bleed</b> IN-PERSON CLASS	7:00 PM
Aug 6	<b>Supporting Someone Who is Grieving</b> VIRTUAL EVENT	6:00 PM

## September

Sept 17	<b>ONE FALL CAN CHANGE IT ALL</b> IN-PERSON SIGNATURE EVENT	8:30 AM
Sept 14	<b>A Matter of Balance #62</b> Mon/Wed thru October 7 IN-PERSON EVENT	9:30 AM
Sept 28	<b>Surviving an Active Shooter</b> IN-PERSON CLASS	7:00 PM

## October

Oct 6	<b>Mental Health First Aid (Adult Version)</b> IN-PERSON CLASS	8:30 AM
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## November

Nov 11	<b>Stop the Bleed</b> IN-PERSON CLASS	7:00 PM
Nov 17	<b>safeTALK</b> IN-PERSON CLASS	9:00 AM